

Life Mile Markers*

- ▶ **Main Point:** Instill dignity and respect in your child by celebrating how they are a special blessing to the family and to the world (Psalm 139:13–16).

We all take pictures and videos of our children during holidays, baseball games, school programs, and other “big” moments. But we rarely take the time to gather the family together around photo albums or the computer or television and enjoy viewing these life mile makers together. By spending an evening reviewing the highlights of each person’s life, we create an opportunity to celebrate the ways that person is a special blessing to the family, and to the world.

- ▶ **Preparation:** This exercise can be as simple as locating your physical or digital photo albums, or if you have more time and want to get creative, you can create a slide show or movie on your computer that has images and video of various key moments of your child’s life. People often create a video or slide show for a wedding or graduation. Why not make one now—for no “special” occasion—and surprise your child with a gift they’ll never forget?

- ▶ **Suggested Age:** Pre-Teen/Teen

- ▶ **Estimated Time:** 45–60 minutes

Step One:

Set aside an evening to focus on one particular child. If you have more than one child, reserve a different night for each child. You can do this with just your immediate family or invite over the grandparents and special friends if they are available.

Step Two:

Gather everyone together and spend time going through the albums or watching the slideshow or movie. After it’s over, allow people to comment about what they saw and the special memories they have of your child.

Step Three:

Read Psalm 139:13–16 and talk about the unique plan God has for your child and how that makes them extraordinary.

*From Kurt and Olivia Bruner, *The Family Compass*, (Colorado Springs: Chariot Victor Publishing, 1999), 134.